

Welcome to the sisterhood.

A women's surf and adventure experience created for sisters who want to chase waves, explore new places, and immerse themselves in local culture.

In April, we're heading to Punta Punta, Siargao (Philippines) — an oceanfront paradise where the boat picks you up right at your doorstep for daily surf sessions.

Whether you're a beginner catching your first wave or an advanced beginner surfer wanting to progress with confidence, our surf sessions are designed to build skill, fun, and connection. You'll be guided by local Filipino surf coaches (2:1 ratio), supported by the energy of your SOS sisters.

But SOS has always been more than surfing.

Each day flows with movement and meditation, cultural experiences, cooking lessons with local women, and time to rest, explore, and soak up the beauty of island life. Expect incredible food, sunrise rituals, laughter, and the kind of sisterhood that lasts long after the trip ends.

We also care deeply about the places we visit.

From each package, \$50 goes directly to local community projects. On our last visit, our sisters helped build new access roads with Punta Punta — a small contribution that made a lasting difference for the local community.

This is your time to reconnect — with yourself, the ocean, and other incredible women from around the world. There's always room for coconuts at sunset... or a cocktail or two.







YOUR EXPERIENCE INCLUDES

7 Nights Oceanfront Accommodation

Wake up to the sound of waves and the ocean right at your doorstep.

6 x 2-Hour Surf Lessons

All equipment, transport, and local professional coaches included (2:1)

On-Land Surf Coaching + Video Analysis

Fine-tune your skills, gain confidence, and see your progress in real time.

North Island Full-Day Adventure

Rockpools, beaches, and an extra surf session — an unforgettable day of fun & exploration.

Mam-on Island Day Trip

A dreamy day of beaches, island hikes, and turquoise waters.

Daily Movement & Mindset

Surf Sisters Fitness, Yoga, Meditation & Breathwork — designed to reset body and mind.

Cooking Class with Local Women

Learn, laugh, and cook together — a beautiful way to connect with the local culture.

60-Minute Oceanfront Massage

Relax to the sound of waves — pure bliss.

Sound Healing Session

A soothing evening of sound and stillness to restore your energy.

All Breakfasts & Dinners Included

Enjoy delicious local meals at our favourite spots (transport to dinners included).

Professional Surf Photography Session

In-water photos to capture your surf glow.

2 Drone Surf Days

Epic footage of your surf sessions from above — memories to keep forever.

Return Airport Transfers

We'll take care of you from the moment you arrive.

SOS Goodie Bag & Partner Discounts

Exclusive gifts and discounts from our favourite surf, travel & wellness brands.

Sisterhood Community Access

From the moment you book, you'll join our SOS WhatsApp group, online fitness sessions, and be supported by the team every step of the way.

Giving Back

\$50 from every booking goes towards local projects. On our last retreat, Punta Punta used our contribution to build a new road — together, we're making a difference.

And don't worry — there's always time for you. We've left space in the schedule to rest, recharge or explore at your own pace.

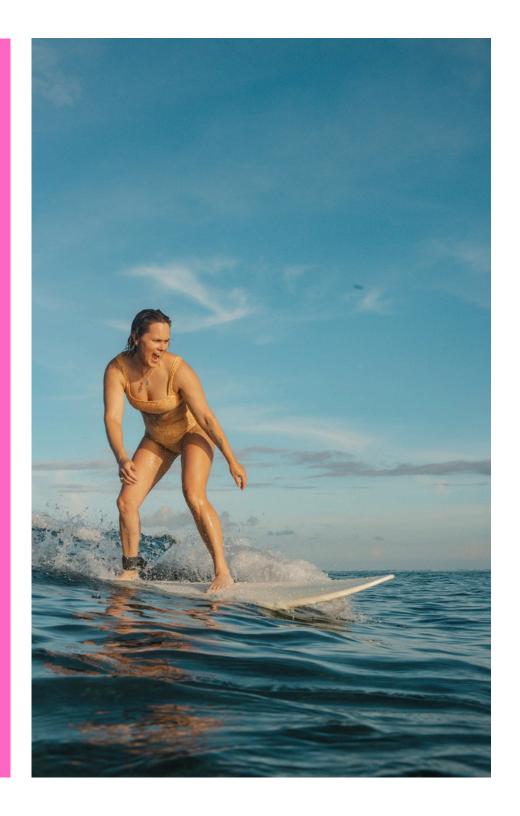
This Surf Retreat is for Beginner Level -Advanced Beginners

This means:
Little to no experience -You need
help catching and coaching to
stand up on a wave.

You can stand up on a wave, but you still need help getting onto the wave.

You are still learning how to read the ocean and build your confidence

You have entered the green waves, you are starting to play with your movement, but you still need support getting onto the wave.





FLIGHTS

You need to fly to Siargao. You can get here via Manila or Cebu. Check out sky scanner for a variety in options. Usually flights return average \$1000 - \$1200AUD return.

SURF SPOTS via Punta Punta boat We work on best conditions for group and day.

Jacking Horse, Quicksilver, Stimpy's, Rock Island, Pacifico, Cemetery, Bumee, Filipino Dip Surf in April is anywhere from 1-4ft waves.

Do you need to bring a surfboard

NO! Unless you want to bring your particular shortboard. Punta Punta have good boards.

What's the local language

Filipino and VERY Surfer Vibes English

Cost outside of the trip to factor in

Not included - flights, insurance, scooters, tuk tuks outside of scheduled activities, alcohol and 5 lunches aren't included. So it depends on how many extra \$30 massages you would like or cheeky cocktail at sunset.

About Siargao

Siargao is a perfect mix of modern comfort and laid-back island vibes. It's clean, welcoming, and truly loved by the locals — you'll feel their pride everywhere you go. Unlike many other parts of the Philippines, Siargao still has that authentic, community feel, with locals running their own cafes, surf schools, and small businesses. Life here moves at an easy pace. Everyone's friendly, the food is exceptional, and getting around by scooter is safe and simple. Oh, and one thing's for sure — they love their karaoke. So either get your favorite song ready... or pack some earplugs!



THE THREE AMIGOS

3 sisters

7 NightsAccommodation in your own bed / shared room

+ Package Inclusions \$3200 AUD pp

Pay a \$499 deposit to secure and pay the rest off

SOS Package + 3 Single Beds in oceant front bungalow and a huge outdoor bathroom for the 3 of you. \$3200 AUD

A brand new glamping bungalows feature 360 glass windows and huge rotating glass doors so you'll never miss a moment of the tropical life during your stay. Step out onto your terrace and pick your surf spot of the day: • laydown ocean views from your bed • three twin beds • private balcony • private bathroom with open sky shower to share with your amigos • high-powered fan and AC if you're a sweat-er • 100% organic linen bedding + cotton towels • Turkish-style beach towels • locally made eco-friendly bath toiletries • pool access • high-speed wifi

SURF BUNGALOW FOR 2

TWIN SHARE

7 NightsAccommodation in your own bed / shared room (2 ppl max)

+ Package Inclusions \$3300 AUD pp

Pay a \$499 deposit to secure and pay the rest off

SOS Package + Twin Share

Those who want their own good bed, but are happy to share a room.

A luxury bungalow features 360 glass windows and huge rotating glass doors so you'll never miss a moment of the tropical life during your stay. Step out onto your terrace and pick your surf spot of the day:

- laydown ocean views from your bed
- two twin beds
- private balcony
- private bathroom with open sky shower
- high-powered fan and AC if you're a sweat-er
- 100% organic linen bedding + cotton towels
- Turkish-style beach towels
- locally made eco-friendly bath toiletries
- pool access
- high-speed wifi

PRIVATE ROOM

PRIVATE ROOM

7 Nights Accommodation in your own bed / shared room
(2 ppl max) + Package
Inclusions \$3500 AUD pp

Pay a \$499 deposit to secure and pay the rest off

SOS Package + A Private Room

If you're thinking camping tents, pause right there. These are not your average tents. With a view of the sea from your king-sized bed and palm-tree shade from your open-sky shower, this is a glamping experience you'll never forget. Each 45sqft tent includes:

- ocean views
- one kingg bed
- private balcony
- private bathroom with open sky shower
- high-powered fan and natural ocean breeze ventilation
- 100% organic linen bedding + cotton towels
- Turkish-style beach towels
- locally made eco-friendly bath toiletries
- pool access
- high-speed wifi



Sisterhood of Surf - Terms & Conditions

Welcome to Sisterhood of Surf.

We're so excited to have you joining us for this unforgettable surf and sisterhood experience.

Please take a moment to read through the Terms & Conditions below. By confirming your booking, you acknowledge that you've read, understood, and agreed to these terms.

1. Booking, Payment & Cancellations

All sisters are covered by a 30-day cooling-off period from the date of deposit. During this time, if you can't make the trip work, we'll refund your deposit in full. After 30 days, deposits and payments are non-refundable unless Sisterhood of Surf can fill your spot. If your place is filled, a refund will be issued minus a \$150 AUD administrative fee. The remaining balance is due by the date shown on your invoice. If payment terms are not met, your spot may be cancelled and offered to someone on our waitlist. If we need to cancel or postpone the retreat due to circumstances beyond our control (such as border closures, natural disasters, or minimum numbers not being met), you'll receive a credit for a future retreat or a refund (less any unrecoverable costs).

2. Travel Insurance

Travel insurance is mandatory and must include cover for:

- Medical emergencies and surf-related injuries
- Trip cancellations or delays
- · Lost, stolen, or damaged belongings

Please arrange insurance after your 30-day cooling-off period and send a copy to our team prior to travel.

Sisterhood of Surf cannot be held responsible for disruptions or costs beyond our control.

3. Health & Safety

By joining, you confirm that you are fit and able to take part in retreat activities. Please notify us of any medical conditions, injuries, or medications that may impact your participation.

All surf, movement, and travel activities are undertaken at your own risk.

4. The 50/50 rule

We bring half the experience — the planning, the waves, the connection, and the good times.

The other half is yours: an open mind, kindness, respect, and a willingness to be part of something special.

Together, that's the Sisterhood way.

5. Mother Nature

We work in harmony with the ocean and the elements.

Surf conditions and weather are beyond our control, but our team will always adjust plans to make the most of what the day brings — ensuring an incredible experience, no matter what Mother Nature delivers.

6. Conduct & Behaviour

Respect for our sisters, our hosts, and local communities is at the heart of SOS.

We value good energy, inclusivity, and connection. Anyone behaving in a way that disrupts others' safety or enjoyment may be asked to leave without refund.

7. Photos & Media

By joining a Sisterhood of Surf retreat, you agree that photos and videos taken during the experience may be used by Sisterhood of Surf for marketing, social media, and promotional purposes.

You're always welcome to share your personal photos for non-commercial use.

However, these images may not be used for any commercial purpose without prior written agreement from Sisterhood of Surf. If you prefer not to be photographed, please notify us before the retreat begins.

8. Originality & Integrity

All Sisterhood of Surf retreats, materials, and programs are original concepts developed through years of experience and community. All creative content, systems, and resources remain the property of Sisterhood of Surf and may not be reproduced or used commercially without written consent.

9. Liability

While every effort is made to provide a safe and supportive environment, all activities — including surfing, movement, excursions, and travel — are undertaken at your own risk.

Sisterhood of Surf and its partners are not liable for injury, loss, or damage except where required by law.

10. Giving Back – The \$50 Sisterhood Community Fund

Each Sisterhood of Surf package includes a \$50 contribution to local community projects in the regions we visit.

On our last visit to Punta Punta, our sisters' contribution helped build new access roads for the local village — a small but meaningful difference made possible by our community.

